

# Discovery is Changing Lives for Good

Patients who complete treatment at Discovery Mood & Anxiety are more in control of their mental health, have a vision for their life and feel hopeful about their future.

- **95%** know how to control their mental health symptoms
- **92%** can handle stress
- **95%** believe they can handle what happens in life
- **96%** believe they can meet their personal goals
- **97%** feel hopeful about the future
- **97%** are willing to ask for help

Percentage includes adult and adolescent patients who admitted to the Discovery Mood & Anxiety Program in 2021 (between 1/1/21 and 12/31/21) and completed the Recovery Assessment Scale (RAS) (N = 2,278).

