

Discovery is Changing Lives for Good

Patients who complete treatment at Discovery Mood & Anxiety are more in control of their mental health, have a vision for their life and feel hopeful about their future.

- 90% know how to control their mental health symptoms
- 85% can handle stress
- 90% believe they can handle what happens in life
- 92% believe they can meet their personal goals
- 92% feel hopeful about the future
- 95% have a plan for how to stay or become well

Percentage includes adult and adolescent patients who admitted to the Discovery Mood & Anxiety Program in 2020 and completed treatment, who completed the Recovery Assessment Scale (RAS), and who agreed with the statements at discharge (N = 949).

